



RE – Hinduism



Concept: Identity and Community: People feel belonging to communities, their identity can be expressed through traditions, rituals and symbols.

What does it mean to be Hindu in Britain today?

Dharma

Dharma is one of the four main aims of a Hindu's life. It is a way to describe the behaviours and duties that Hindus are expected to follow. There are different types of Dharma:

Sadharana dharma

'Rules' and qualities that everyone should follow.

- Be truthful
- Don't hurt others
- Be generous

Svadharna

'Rules' and qualities specific to particular groups of people.

- School pupil – to work hard at school
- Parent – to raise and support their family
- Police officer – to protect citizens

Vocabulary

moral duty: doing the right thing

ceremony: a set of actions or words performed in the same way each time

murti: a representation of God. For example, a statue or a painting



Some families hold religious ceremonies, but for many Holi is more a time for fun. It's a colourful festival, with dancing, singing and throwing of powder paint and coloured water.

Holi Festival

Holi is a Hindu festival that celebrates spring, love, and new life.

Holi is also known as the "festival of colours".



Showing respect in a Hindu mandir (temple)

- Ensure that you and your clothes are clean
- Remove your shoes
- Bow as you enter
- Bring an offering for the Hindu God, Brahman